

# From the hills to the sea - 3rd part

**Località di partenza:**

Regione Toscana, Provincia di Livorno,  
Marciana Marina

**Tipo di itinerario:**

in bici

**Fondo stradale:**

Misto

**Difficoltà in bici:**

Medio

**Dislivello in salita (m):**

795

**Dislivello in discesa (m):**

795

**Lunghezza (km):**

42,3



Isola d'Elba

From the Square in front of the Post Office, in Mariana, we take the road for Loggia, and here we turn right (Km 3.2) for Marina di Campo.

The road climbs steeply towards Monte Perone, through a thick forest, and the climb finishes at a large picnic area where we can admire a beautiful view of the island's south coast (Km 7.3). We skirt the Tower of Saint John (Torre di San Giovanni) on the way down, an ideal backcloth for a beautiful panoramic photograph over the Gulf of Marina di Campo.

At the turn-off at the bottom of the hill we turn right (Km 12.9) for San Piero, which we skirt without entering the village. At the next turn-off we go straight on for Pomonte (Km 17.6), and we take the fantastic panoramic road along the west coast of Elba. We pass the beaches of Cavoli, Seccheto and Fetovaia, along an undulating road.

At Pomonte we see Monte Capanne before us, and after the village of Chiessi we start a steep climb that ends in a clearing which has a beautiful view. After a short descent we climb up again towards Zanca and ignoring the turn-off, we go straight ahead and return to Marciano, where our circular itinerary ends.

