

# On the slopes of the Apuane Alps - 3rd part

Alberto Conte

**Località di partenza:**

Regione Toscana, Provincia di Lucca, Seravezza

**Tipo di itinerario:**

in bici

**Fondo stradale:**

Misto

**Difficoltà in bici:**

Impegnativo

**Dislivello in salita (m):**

420

**Dislivello in discesa (m):**

455

**Lunghezza (km):**

48,3

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ITINERARI E VIAGGI NELLA NATURA



## From Seravezza to San Giuliano Terme

From the Tourist Office in Seravezza we head towards Forte dei Marmi, and when we reach the bridge at Corvaia we turn left and cross Vallecchia and continue towards Pietrasanta (Km 2.8) where we cross the centre towards Camaiore going along Via Sarzanese, a narrow, dangerous road, that we leave on the left, (Km 6.6) in the direction of Monteggiori. The road climbs steeply, skirting Monteggiori, and at the junction for Sant'Anna di Stazzema (Km 9.8) we go downhill, turning right towards Camaiore. At Camaiore (Km 13.9) we continue towards the centre and then towards Lucca on the road that climbs as far as the Mount Magno Pass, after which we turn right (Km 21.9) and left at the next junction, following the signs for Massarosa, where we turn left (Km 28.1) onto the state highway. We pass the village as far as Quiesa where we turn right (Km 31.1) for Massaciuccoli, which we also pass, and go straight on until the stop (Km 37.9), where we turn right into Via dei Salcetti. We follow this road until we arrive at the first houses of Nodica (Km 40.4) which we cross, heading towards Vecchiano where we turn left towards San Giuliano. When we reach San Giuliano we follow the signs for the Centre and end the leg at the tourist office alongside the thermal baths.



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