

The convent of Monte Muro

Alberto Conte

Località di partenza:

Regione Toscana, Provincia di Grosseto,
Castiglione Della Pescaia

Tipo di itinerario:

a piedi

Fondo stradale:

Misto

Difficoltà a piedi:

Escursionistica

Dislivello in salita (m):

320 m

Dislivello in discesa (m):

320 m

Quota massima raggiunta (m):

350 m

Tempo (hh:mm):

2:15

Periodo consigliato:

All seasons

Segnavia:

Red-white signposts of Bandita di Scarlino

Uffici informazioni:

For further informations on Costa Toscana:
www.toscanacosta.it

Maremma Tourist Agency, viale Monterosa 206 -
58100 Grosseto
Tel. 0564-462611
Fax 0564-454606
www.lamaremma.info
info@lamaremma.info

Accesso al percorso e note:

Following the provincial highway between Follonica and Castiglione della Pescaia we arrive at Puntone, where there is also a bus stop. We turn left after the bridge and go straight on for about 1.8 km. before turning right at the junction for the Convent of Monte Muro. We go straight on as far as Fosso al Leccione, where we park the car at a barrier.

At the barrier we take path no. 24 that passes through the wood. The path is used as a hunting route for the Scarlino archers and along the way targets, messages and coats-of-arms plunge us into a medieval atmosphere.

The path climbs gently through the wood, following the river that

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ITINERARI E VIAGGI NELLA NATURA



This itinerary is interesting mainly because of nature; in the area around the convent of Monte Muro we can admire several species of exotic trees planted at the beginning of the last century: the Atlantic Cedar, the Black Corsican Pine and the Douglas Pine, that have grown in a surprising way, thanks to the favourable climatic conditions.



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we cross frequently. After about 30 minutes we arrive at two consecutive junctions where we turn left first and then right along path 24. In this section of the path the dominating vegetation consists of holm-oaks, Turkey oaks, cork trees and beautiful laurel bushes that are more than 15 meters high. The path gets steeper as we walk through the wood until we arrive at the top of the hill where the path turns left near a rest area at Fonte Bona. The wood clears giving us a beautiful view of the Gulf of Follonica. We go straight on along path 24 until we arrive at the ruins of the Convent of Monte Muro, almost completely overgrown by vegetation. After the convent we take the road marked by signpost 23 that descends gradually to the valley.

At the next junction we take the road marked with signpost 25 and descend down a good dirt road, enjoying the beautiful views of the gulf and plain of Follonica, returning to our departure point.

This itinerary is part of a collection that the magazine "Trekking", together with the APT (Provincial Tourist Authority) of the Tuscan Coast, has dedicated to the most beautiful trekking routes in this area. A series of itineraries that will help you discover lovely places and will introduce you to a district that has great environmental and cultural appeal.

