

# The surroundings of Bolgheri

Text by Filippo Brancoli, Photos by Filippo  
Brancoli and APT archives

**Località di partenza:**

Regione Toscana, Provincia di Livorno,  
Castagneto Carducci, Frazione Bolgheri

**Tipo di itinerario:**

in bici

**Fondo stradale:**

Strada asfaltata

**Difficoltà a piedi:**

Turistica

**Dislivello in salita (m):**

100 m

**Dislivello in discesa (m):**

100 m

**Tempo (hh:mm):**

1:00

**Lunghezza (km):**

17 km

**Periodo consigliato:**

All seasons

**Cartografia:**

S.E.L.C.A, Trekking Costa degli Etruschi, dalle  
colline al mare, foglio Nord. 1:50,000

**Uffici informazioni:**

Agenzia per il Turismo Costa degli Etruschi,  
(Etruscan Coast Tourist Agency) Piazza Cavour 6  
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[www.costadeglietruschi.it](http://www.costadeglietruschi.it)

[info@livorno.turismo.toscana.it](mailto:info@livorno.turismo.toscana.it)

[www.toscanacosta.it](http://www.toscanacosta.it)

**Accesso al percorso e note:**

We are going to discover this wonderful area,  
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In front of us there is the descent down one of the most famous  
avenues in the whole of Italy, that avenue of Cypress trees that the  
poet Carducci immortalised in Rime nuove. At that time, the  
newly-planted Cypress trees were still small, but now form a  
majestic row that accompanies the visitor for more than four

# TREK KING

ITINERARI E VIAGGI NELLA NATURA



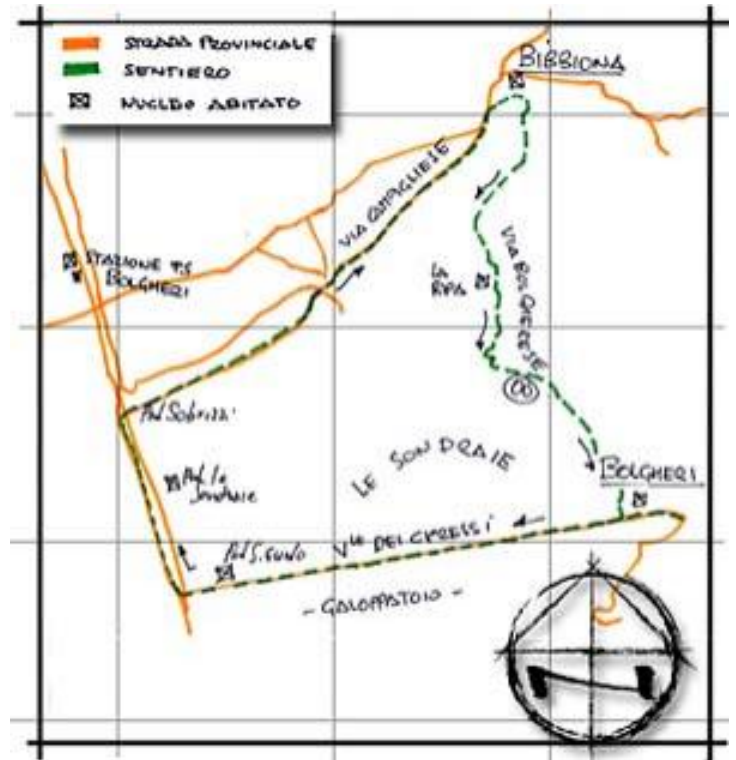
The village of Bolgheri is one of the most attractive in  
Tuscany. Although it has extremely ancient origins, its  
current development is linked to the history of the  
Gherardesca Counts who gave a great boost to the  
village from the XVIII century. In the shade of the  
alleyways, we can go in search of the house where  
the poet Carducci lived, and by bike we can explore  
the fertile countryside below, obviously riding along  
the famous avenue of Cypress trees and through the  
wonderful background of the vineyards that are the  
pride and joy of Italian wine production. The cycle  
route we are suggesting is easy and will take you  
through the famous vineyards and olive groves.



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kilometres as far as the gates of Bolgheri and from there to provincial highway no. 39. During this route we will find some turn-offs along the road, for Bibbona first of all and then Castagneto. We go straight on through the vineyards. We are in one of the most prestigious wine-growing areas of Tuscany, with its unique climatic and soil characteristics, that foster the production of very complex wines. This is why the Bolgheri area has been called the Eldorado of Italian wine. When we arrive at the end of the avenue, at San Guido, where we find, on one side, the Consortium "Strade del Vino Costa degli Etruschi" and on the other the Sassicaia estate, we arrive at a halt sign. We proceed towards the north, passing the new Aurelia road and running parallel with the railway, without turning off, until we enter the municipality of Bibbona. Here we find a junction on the right, among cypress and pine trees, where we follow the signs for the village,



riding through the Bibbona countryside. This countryside is also fertile and rich in products, especially after the reclamation works during the Leopoldian period of the eighteenth century. We pedal on, literally surrounded by the olive groves that cover every hillside, while the excellence of the local wine production is confirmed by the DOC "Terratico di Bibbona".

We continue through this beautiful environment until we reach the junction for Bibbona which deserves a visit to see its characteristic little streets in the centre and the parish church of San Ilario that dates back to the XI century. We continue along our route that goes up and down along the hillsides. This is the most attractive part of the route that heads south, passing through many farms. On our left we see the gentle hills of the hinterland while to the west we can see the coast and the sea. Once again it is the tops of the Cypress trees along the avenue we took on our way out that indicate the direction we must take. After seeing Bolgheri appear among the hills we soon arrive at a turn-off, among holm-oaks and pines, which we saw on our outward journey. We turn left and after a slight climb we enter the village through the gate we took as we left.