

Villetta di Monterufoli

Text by Filippo Brancoli, Photos by Filippo Brancoli and APT archives

TREKKING

ITINERARI E VIAGGI NELLA NATURA

Località di partenza:

Regione Toscana, Provincia di Pisa, Monteverdi Marittimo

Tipo di itinerario:

a piedi

Fondo stradale:

Misto

Difficoltà a piedi:

Turistica

Dislivello in salita (m):

285

Dislivello in discesa (m):

285

Tempo (hh:mm):

2:30

Periodo consigliato:

All seasons

Cartografia:

SELCA, Alta Val di Cecina - trekkers and tourist map, scale 1:50000

Segnavia:

red-white sign-posts, path no.17

Uffici informazioni:

For further informations on:
www.toscanacosta.it

Pisa Tourist Agency, Via Pietro Nenni 24 - 56124 Pisa

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Accesso al percorso e note:

Departure and arrival place: the holiday farm of Villetta di Monterufoli, at km14 in a southerly direction on sp18 that links Casino di Terra to Monteverdi Marittimo, near a CPT bus stop.

Looking at the holiday farm, a road starts on our right climbing towards the Villetta hill.

We follow the dirt track upwards and arrive at a votive "madonna" near a junction. We go on for another ten minutes and arrive at Villetta di Monterufoli, opposite a little church. Our path takes us between the two buildings and we go straight on into the wood. Here we find some bends with views of the surrounding hills and vineyards that border the path until we arrive at a detour that we take for Podere Nuovo; don't be taken in by the name because it



This interesting route passes through the splendid scenery of the Monterufoli-Caselli Nature Reserve with its beautiful surroundings and links with local traditions.

Until the middle of the last century the lignite mines at Villetta di Monterufoli were still working in this area that is very rich in minerals. With its woods, vineyards and old farms it is an ideal place for fine treks.



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is a ruin. We carry on along the new road until after about ten minutes we reach a green gate, a detour which on the left climbs steeply into the wood (it is well sign-posted). We go on through the Marocco wood and soon arrive at the top of the hill. Once at the top, the path takes us up and down as we walk along the southern slope of the hill and admire the

slope we climbed up. We pass a green gate and finally arrive at a wide path which we take, going left. At a wide bend to the right, at the second, and not the first junction, we leave the little road and start walking down near a bend where there are hunting regulation signs. A short distance on we pass the third green gate after which we arrive at another path, continuing to descend. We go on towards the valley floor, passing a little concrete shed and we continue walking through the wood, keeping to the left at the next junction. At this point, we briefly follow the direction of the power lines and when we pass them, we arrive at a little hill with a pylon on top. We don't have to go up the hill because, at the bottom of the promontory, we find a path that turns south, going around the hill and entering the woods once more. At the end of the descent there is an old farm, the Podere dei Sorbi. In front of the building there is a large olive grove which we cross going south as far as the edge of the wood where we find a path that enters the overgrowth and leads us to a junction that we take, climbing up. We cross the Rivivo torrent, passing alongside a small pond and some bee-hives until we reach a section that runs parallel to the Morocco torrent. After this we soon see the vineyards and the holiday farm we departed from and we arrive there after joining the path we took on the way up.



This itinerary is part of a collection that the magazine "Trekking", together with the APT (Provincial Tourist Authority) of the Tuscan Coast, has dedicated to the most beautiful trekking routes in this area. A series of itineraries that will help you discover lovely places and will introduce you to a district that has great environmental and cultural appeal.